

# HOW TO TIDY THE 'KONMARI' WAY

1. **DISCARD** INTENSELY & COMPLETELY
2. TIDY BY **CATEGORY**, LAY IT ALL OUT
3. TIDY IN THE **RIGHT ORDER**
4. **THANK** YOUR THINGS AS YOU DISCARD
5. **DESIGNATE** A SPACE FOR EACH ITEM



## Tidy WARRIOR CATEGORIES CHECKLIST



### CAT 1: CLOTHES

- Tops (shirts, sweaters)
- Bottoms  Socks
- Underwear  Bras
- Shoes  Handbags
- Wallets
- Accessories (belts, scarves, hats)
- Clothes for Specific Events (swimwear, uniforms)



### CAT 2: BOOKS

- General (books you read for fun i.e. comic/manga)
- Practical (references, cookbooks)
- Magazines
- Kid's Books



### CAT 3: PAPERS

- RULE: Discard EVERYTHING**
- Warranties  Manuals
- Clippings
- Greeting Cards
- Course Materials
- Credit Card Statements
- Important Documents (Keep!)
- Make a Pending Box



### CAT 4: KOMONO (MISCELLANY)

#### General

- CDs, DVDs  Pet Supplies  Coins  Video Games  Stationery

#### Kids

- Toys & Bath Toys  Outdoor Toys  Diapers
- Board Games/Puzzles  Art Supplies

#### Laundry Room/Cleaning Items

- Linen/Bed Sheets  Duvets/Blankets
- Sewing Kits  Towels/Cloths  Detergent

#### Bathroom

- Medicine  Skincare  Soap/Bodywash
- Makeup  Feminine Supplies  Oral Hygiene
- Relaxation Goods  Hair Curler/Dryer

#### Office

- Giftcards  Stationery Supplies  Printer

#### Electrical

- Electric cords  Memory cards  Batteries

#### Garage\*

- Tools  Gardening Supplies  Car Wash
- Light Bulbs  Seasonal Items
- Emergency Supplies  Recreational Gear

#### Kitchen\*:

#### 1. Eating | 2. Cooking Tools | 3. Food

- Pantry  Coffee/Tea  Cutlery  Fridge\*\*
- Baking Accessories  Stemware/Cups/Mugs
- Small Appliances  Storage Containers
- Pots/Pans/Baking Sheets  Cleaning Equipment



### CAT 5: SENTIMENTAL ITEMS

- personal letters from the past  diaries  life records  photos/albums  memorabilia & souvenirs

\*Tackle these subcategories last as they're the most difficult to tidy \*\*Fridge does not require "one pile" for discarding